Cumberland Heights Treatment Center

POLICY MANUAL

Subject: Snacks	Effective Date: 12/93
Initiated By: Jim Threadgill Food Services Supervisor	Approved By: Timothy A. Tull Fiscal Director
Review Dates: 11/02 DF, 11/08 ET	Revision Dates: 2/97, 6/97 CSF, 10/07 JT

POLICY:

Food Services provide nutritious snack items for patients between meal service times.

PROCEDURE:

- 1. The following items are available to patients. They are picked up daily by assigned patients and stored in patient lounge areas:
 - A. Fresh fruit: apples, oranges, and bananas
 - B. Peanut butter;
 - C. Assorted crackers
- 2. Patients in the detoxification unit have available items for between meal needs that are picked up by nursing staff.
 - A. Assorted canned soups;
 - B. Milk, cereal;
 - C. Bread, peanut butter
 - D. Fresh fruit;
 - E. Canned fruit juices;
 - F. Coffee, tea
- 3. Specific Dietary Supplements
 - A. Food Services Personnel provide nourishment based upon needs of the patients as determined by the physician, the dietitian and nursing personnel.
 - B. Food Services Personnel shall make available nourishment for patients as ordered.
- 4. Vending Machines
 - A. Contracts are maintained with local vendors to service the vending machines at both River Road and Thompson Lane on a weekly basis.
 - B. The Food Services Supervisor and House Manager of the Thompson Lane facility review the selections twice yearly to ensure variety and the presence of nutritious snacks, such as granola, along with the more standard fares.